

About Frank

Frank Bolella is best known to millions of people throughout the world as "Coach"; a title given for him for his work with them as a success coach. He is the founder and C.E.O of "Xcel To Success," Frank speaks live to more than 180,000 people annually. In addition to his numerous appearances as a Keynote Speaker Frank coaches millions of people throughout the world via his cable television and radio program "Inspiration For Living", the internet FrankBolella.com and through his recorded success programs and books. He has communicated his life changing principles to fortune 500 companies, the National Football League, The United Nations, The United States Army, Olympic Athletes, and Educational and Religious Institutions. He has personally coached and trained people from all walks of life equipping them to maximize their psychological, emotional, physical, financial and spiritual potential. He is one of the most sought after speakers in the world today. In the last 20 years, Frank's messages have impacted all areas of people's lives. His success technologies address the whole individual in order to empower them to reach their dreams. Because of this focus, people and organizations are able to soar and reach tremendous heights. Notwithstanding his various advanced degrees. Frank is a perpetual student. And has been trained and mentored by some of the most outstanding success coaches in the world. To maintain and expand his potential, Frank is an avid reader of diversified subject matter and topics, as it is his passion to reach and teach all people. As a former competitive bodybuilder, martial artist, and deeply committed spiritual person, Frank continues to condition his body, mind, and spirit daily through a series of personally designed performance technologies. Frank resides in New Jersey with his beautiful wife and three awesome children.